



Personal Development Rotation 5 Overview

13/04/26 - 01/06/26



Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
<ol style="list-style-type: none"> 1. Types of families 2. Purpose of families 3. Healthy friendships 4. Consent – nonsexual 5. Managing Conflict 6. Bullying 	<ol style="list-style-type: none"> 1. Discussing emotions 2. Happiness 3. Recognising ill mental health 4. Common types of mental ill health 5. What impacts our mental health? 6. Practical ways to care for your mental health. 	<ol style="list-style-type: none"> 1. Drugs and their classifications 2. Drugs – Cannabis products 3. Drugs – Class A and B 4. Prescription drugs – potential harms 5. Alcohol 6. Addiction 	<ol style="list-style-type: none"> 1. What are British values? 2. The radicalisation process 3. Extremism 4. Terrorism, Islamist, and the far right. 5. Counter terrorism 6. Antisemitism and Islamophobia. 	<p>EXAM SUPPORT</p>	<ol style="list-style-type: none"> 1. Trial Exams 2. Personal Branding 3. How you complete an application form 4. Constructing my personal statement 5. Preparing for work experience 6. Work Experience 	<ol style="list-style-type: none"> 1. External Talk on Student Finance (University of Nottingham) 2. Managing money and budgeting 3. Consumer Law and Income Tax

SIGNPOSTING

<p>Helping Children Deal with Bullying & Cyberbullying NSPCC</p> <p>Healthy relationships NSPCC</p> <p>Friends Childline</p>	<p>Signs That a Child Is Suffering From Mental Health Issues NSPCC</p> <p>Children's mental health - Every Mind Matters - NHS (www.nhs.uk)</p>	<p>Honest information about drugs FRANK (talktofrank.com)</p> <p>Alcohol, drugs and parenting NSPCC</p> <p>Live Well - NHS (www.nhs.uk)</p>	<p>Protecting children from radicalisation NSPCC</p> <p>Get help for radicalisation concerns - GOV.UK (www.gov.uk)</p>	<p>Study support - BBC Bitesize</p> <p>Free Homework & Revision for A Level, GCSE, KS3 & KS2 (senecalearning.com)</p>	<p>Writing your personal statement Undergraduate UCAS</p> <p>Application forms National Careers Service</p> <p>Unifrog (contact school for parental login)</p>	<p>Cost of living support: Managing money, savings and debt - GOV.UK (www.gov.uk)</p> <p>The Consumer Rights Act 2015 - Citizens Advice</p> <p>Income Tax: introduction: Overview - GOV.UK (www.gov.uk)</p>
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